

LATEST UPDATE



"BEAUTIFUL IMAGERY, THOUGHTFUL QUOTATIONS, LOVELY LOCAL SCENES. A PLEASURE AS ALWAYS."

WELCOME to the next instalment of the Simple Reflective Spaces newsletter and there's so much to tell you!



ONE YEAR

CAN YOU BELIEVE IT?

of STEP OUT OF THE TRAFFIC INSTALLATIONS

IN PERSON LOCATIONS in partnership with In Another Place / Bootle Strand Management, Roger Arden Court, Walton Life Rooms, Sean's Place and May Logan



ONLINE with the Woven Creative Community



people have experienced Step Out of the Traffic.

Thank you to those people and organisations who have so kindly hosted Step Out of the Traffic and to all the people who have come and participated in the installation. Thank you also to those who been such an encouragement and who have journeyed with me.

"THANKS FOR A BEAUTIFUL, ATMOSPHERIC SPACE TO PAUSE, BREATHE, REFLECT AND NOTICE THE STUNNING NATURAL WORLD YOU HAVE CAPTURED ON FILM AND THE MUSIC SUITS IT SO WELL."

The last 6 months or so I have been working on a second reflective space and I'm so delighted to announce that "PAUSE. A PLACE TO BE STILL" is now available for booking this Autumn. It's different to Step Out of the Traffic as you can just drop in anytime and stay as long as you want. It has 7 poignant quotes to ponder and 7 "Seasons" which are 7 nature scenes with an accompanying musical sound track using 4 independent speakers to give a more immersive experience. All the quotes in the newsletter are from the trial last month. Click below for more details.



PAUSE. A PLACE TO BE STILL

"PROFOUND – SUCH A BENEFICIAL EXPERIENCE. I DID NOT WANT IT TO STOP."

So what's possibly next?



RESONATE: A **PLACE TO ENGAGE** is a collection of photographs with an accompanying sound installation. Each photograph is personal to the photographer and has resonated with them in some way. The installation gives you an opportunity to engage with the photographs and music with the hope that they may resonate with you in some way. Take some time to pause and be still.

During the Autumn I will exploring this idea and the initial thoughts are that it will have more of an art gallery feeling to the space. It is not an art or photographic exhibition but will be using the photographs as a way of helping people to pause and being still.

"IF I HAD THIS ALL THE TIME, I WOULDN'T NEED MY BLOOD PRESSURE TABLETS."

THIS AUTUMN already has a few new possibilities of sharing the "**PAUSE. A PLACE TO BE STILL**" and I will also be contacting those great organisations that I have already worked with to see if they will be willing to host the new installation. I'll be uploading the new music onto Band Camp too. Obviously I'll be also developing the Resonate: a place to engage ideas so that hopefully come January 2025 that will be installation number 3.

AND FINALLY... a chance meeting in May this year with a Canadian photographer could possibly be installation number 4. Who knows?



